

The CalSAC Trainer Network

Deepening Skills, Growing Leaders

The School-Age Training Project

This project is made possible through the generous funding from the California Department of Education Early Education and Support Division.





Exploring Curriculum Activities Module 1.4.1

A CalSAC Module Presented by: Brian Pearcy and Ulisses Curiel



CalSAC Enriching children by empowering professionals since 1982.



The California School-Age Consortium

The California School-Age Consortium (CalSAC) provides training and advocacy for afterschool, school-age care ,and out-of-school time professionals throughout California.

Since 1982, CalSAC has been working to advance the needs of professionals. Through our focus on Connections, Competence, and Community, CalSAC can meet the needs of programs and professionals in the out-of-school time field.

CalSAC: Enriching children by empowering profession





Getting Started

- Training Agenda
- Bike Rack
- Group Introductions



CalSAC: Enriching children by empowering professionals since 1982.



Group Agreements

- Choose to be present and engaged in learning.
- Phone off or on vibrate.
- Avoid side bar conversations.
- Agree to disagree.
- Be aware of diversity in the group . (culture, age, sexual orientation, privileges, gender and experience)



CalSAC: Enriching children by empowering professionals since 1982 www.CalSAC.org

since 1982.



Today's Objectives

By the end of this module, participants will:

- identify and experience the six curriculum areas included in the CA Content Standards for Public Schools and the California Common Core Standards;
- learn how to include these different curriculum areas in program planning.



CalSAC: Enriching children by empowering professionals since 190



Key Concepts

- Afterschool programs are being asked to integrate academic activities into programming.
- Improving academic performance and achievement requires us to intentionally create opportunities for children and youth to learn and discover.
- · Afterschool programs have the unique opportunity to teach academics in engaging ways, steeped in youth development principles and values.



6 Curriculum Areas

- Language Arts
- Math
- Physical Education
- Social Studies
- Visual and Performing Arts
- Science





Activity: Curriculum Carousel

- Form 6 groups.
- Chart the activities you might offer in that curriculum area on the activities column.
- In the second column write the challenges you may have in that area.

Activities	Challenges





Language Arts

The ability to communicate well is essential. Communication:

- · furthers learning and career development;
- enriches the human spirit;
- fosters responsible citizenship; and
- preserve sthe collective memory of a nation.





Activity: Language Arts

Acrostic Poems

Acrostic poems can be used with short phrases, or just one word per letter.

Sample

- **Z** zany
- A awesome
- **C** creative
- **H** handsome

Content Standard: Grade Three 1.0 Word Analysis. Fluency, and

Sample

- ${m F}$ favorite person to be with
- **R** ready to share or listen and talk
- I ideally, able to see each day
- ${f E}$ even when I am unhappy, makes me smile
- **N** never makes me feel bad about myself
- $\boldsymbol{D}-\text{don't}$ know what I would do without you!



onals since 1982. www.CalSAC.org



- Math is the subject of logic and coherence.
- Math trains the mind to think analytically, providing the foundation for intelligent and precise thinking.



CalSAC: Enriching children by empowering profession





Activity: 27 Pop

- Score 27 points, without going
- Each player takes a turn rolling two dice.
- Add and continue rolling until the player chooses to stop or
- If the player gets over 27, they Pop out of the game.
- If there is a tie, then those players have a play-off round.



CalSAC: Enriching children by empowering profess



Physical Education

- Physical activity improves physical health, brain function, and overall wellbeing.
- Physical education focuses on the essential skills and knowledge needed to remain healthy and physically active through life.



CalSAC: Enriching children by empowering profes



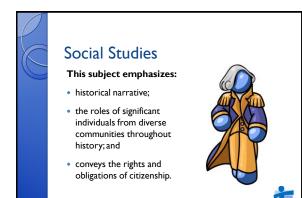


Activity: Spoon Race

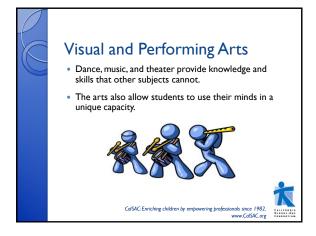
• Ready... Set... Go













Activity: Day in the Life of a Gumball

- Create a Gum Ball Story.
- What may happen to a gum ball?
 - Stick to a shoe?
 - Swallowed?
- Act out the gum ball's situations.
- As on actor leaves the stage, the next actor enters adding to the gum ball's story.





Science

Science shows connections between:

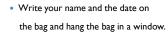
- population;
- · natural resources;
- environmental quality; and
- natural and human-induced hazards.

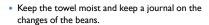




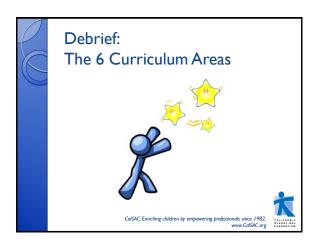
Activity: Lima Bean Bags

- Fold wet paper towel and place in bag.
- Place a few lima beans in the bag on one side of the towel.

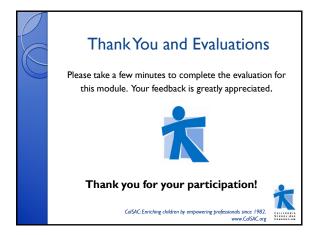












Resource Page

Publications:

- Haas-Foletta, K. and M. Cogley, *School-Age Ideas and Activities for After-School Programs, 2nd Ed.* Nashville: School Age NOTES, 1995.
- Wallace. E., Summer Sizzlers and Magic Mondays: School-Age Theme Activities, Nashville: School Age NOTES, 1995.
- Whitaker, Daniel, Games, Games, Games, Creating Hundreds of Group Games and Sports: Nashville: School Age NOTES, 1996.
- Lee, E., Menkart, D., & Okazawa-Rey, M. (1998). (Eds). Beyond Heroes and Holidays: A Practical Guide to K-12 Anti-Racist, Multicultural Education and Staff Development. Washington, DC: Network of Educators on the Americas.

Web Sites:

www.cde.ca.gov California Department of Education – site includes publications, content standards, curriculum frameworks

www.naaweb.org National AfterSchool Association – publications, training, etc.

- www.AfterSchoolCatalog.com School-Age NOTES site for all of their publications. Sign up for Daily notes sent to your email address.
- <u>www.wellesley.edu/WCW/CRW/SAC</u> National Institute on Out-of-School Time (NIOST) research and information for current best practices in school-age related issues.
- www.ed.gov/21steele U.S. Department of Education with information about 21st Century programming.
- www.gse.uci.edu/casp/ After-School Training and Resources Center
- <u>www.nydic.org</u> National Youth Development Information Center excellent for programs serving young adolescents and adolescents.

www.scholastic.com Scholastic Resources for educators