



YOUTH DEVELOPMENT TRAINING FOR AFTER- SCHOOL PROGRAMS
Youth Development Begins with YOU!



Who Are You Really?

- Ice Breaker



YOUTH DEVELOPMENT CHILD DEVELOPMENT

YOUTH DEVELOPMENT

- Program design model that focuses on 'Best Environmental Practices to put into place to have a 'Youth Centered' program.

CHILD DEVELOPMENT

- Characteristics of developmental traits of children in stages of growth. Social, Physical, Emotional, Important to know for age appropriate programming.

Components of Youth Development Model

- SAFETY (Emotional, Physical, Psychological)
- RELATIONSHIP BUILDING
- YOUTH PARTICIPATION
- COMMUNITY INVOLVEMENT
- SKILL BUILDING



Leave a message after the beep!

- This activity will help us dig deeper into ourselves in order to relate better with our staff and the children with serve.

Take 10!

- It's break time!



SMALL GROUP DISCUSSION



- “DIGGING DEEP”
- WHAT DOES EACH ONE MEAN TO YOU?

Personal

Program

Atmosphere

RELATIONSHIP BUILDING

PERSONAL

- How do I relate to others?
- Do I include 'Team Decisions'?
- Do I listen well to others?
- Do I respect differences, other ways to do things?
- How culturally aware am I?
- Do I ensure that my staff and peers feel included?

RELATIONSHIP BUILDING

(CONTINUED)

PROGRAM

- Do children know and like their program leaders and vice versa?
- Is there program time to share, talk, communicate? In an organic and/or structured way?
- Is there 'one on one' time?
- Can children and staff express feelings freely?
- Do children feel part of a group or do they feel warehoused?
- Are there positive relationships between staff and parents/teachers/principals?

RELATIONSHIP BUILDING

(CONTINUED)

ATMOSPHERE



- Is the site loud?
- Does it consist of high ratios?
- Is there a quiet place for small group discussion?
- Are leaders caring, kind and interested?
- Do children want to stay longer?
- Do staff praise children and show affection?
- Do staff notice when a child is feeling sad or upset?

SAFETY

(Physical, Emotional and Psychological)

PERSONAL

- How safe am I?
- Do I make decisions alone or as a team?
- Do I tease others?
- Do I have empathy for others' feelings?
- Do I understand what children need from me?
- Do I bring negative attitudes to work?
- Do I take caring for children seriously?
- Do I know how to assess my own stress level?
- Do I know how I respond to emergencies?

SAFETY

(CONTINUED)

PROGRAM

- Are there consistently applied rules?
- Do program leaders take children's complaints seriously?
- Does the program leader model effective conflict resolution methods?
- Do program leaders monitor how children treat each other?
- Do staff practice safety drills?
- Do staff communicate children's issues in meetings?
- Do program leaders guide their group appropriately?
- Are program leaders constantly aware of their surroundings (360 degrees)?
- Do program leaders talk to children about dangers (community concerns)?
- Are program leaders in staff uniform? Are program leaders prepared for activities when children arrive?
- Is there written and carried out structure?

SAFETY

(CONTINUED)

ATMOSPHERE

- Do children get into their groups quickly?
- Is the site hectic in appearance?
- Are leaders vocal when needed?
- What does your sign in/sign out procedure look like?
- Are there visual expressions that show children run segments of your program?
- Does your program have an information board for visitors and participants?



YOUTH PARTICIPATION

PERSONAL

- How do you view children?
- Do you talk down to children or talk with them?
- Do you include children in your decision making?
- Why do you think children need leadership skills?
- Do you think children can lead activities/events/discussions?

YOUTH PARTICIPATION

(CONTINUED)

PROGRAM

- In what ways do children lead?
- Are children included in planning activities?
- Are youth encouraged to share their own experiences?
- Are children included in program evaluation?
- Do children do projects where they decide on the outcomes?
- Are there team building exercises as part of the daily program?
- Do children take part in Youth Councils?
- Do children run a part of the program like a rewards center, store, activity area, etc?

YOUTH PARTICIPATION

(CONTINUED)

ATMOSPHERE

- Do children feel like they own the program?
- Do children feel listened to?
- Are children's ideas implemented and recognized?
- Do children seem excited about projects that they come up with?
- Are there images of kids and their work?



COMMUNITY INVOLVEMENT

PERSONAL

- Do you get involved with causes or volunteer work?
- Do you see yourself as an activist?
- Are you civically minded?
- Are certain issues like the environment or education important to you?
- Do you feel that you can make a change for the better in society?
- Do you think children can make a difference in their communities?

COMMUNITY INVOLVEMENT

(CONTINUED)

PROGRAM

- Do children get out into the community?
- Do children take part in city wide events?
- Do children have charity drives, beach clean ups, recycling activities?
- Do children interview community leaders, businesses, etc?
- Do you invite community members into your program?
(business, fire/police department, etc.)
- Do program leaders research community opportunities?

COMMUNITY INVOLVEMENT

(CONTINUED)

ATMOSPHERE

- Are there activities on a weekly basis that involve the greater community at your site?
- Are there service learning projects going on at your site?
- Are children involved with field trips off site in small groups to businesses, fire stations, etc.
- Do children talk about community issues at your site? Are there dialogue opportunities?
- Is your community reflected on your site?



SKILL BUILDING

PERSONAL

- Do I feel that I have a lot to teach children?
- Do I value learning?
- Do I research activities?
- Do I create idea times for my staff?
- Do I try to make the program both fun and interesting to children.
- Do I value education?
- Do you understand social, psychophysical, educational skills?



SKILL BUILDING

(CONTINUED)

PROGRAM

- Are there 'Project Based' activities that support academics?
- Are the activities fun, age and grade appropriate?
- Are there significant outcomes to each activity?
- Are activities varied?
- Is there opportunities for children to experiment in various subject areas?
- Do children have the opportunity to lead activities?
- Are there take home products?
- Do you teach kids celebrate cultures at your site?

SKILL BUILDING

(CONTINUED)

ATMOSPHERE

- Are there lots of interesting activities going on in a day?
- Do children like the activities?
- Is there children's work presented at Parent, family nights?
- Is attendance high?
- Do children have a variety of opportunities/activities?
- Is there fun busy excitement at the site?
- Are there plenty of supplies?
- Is the site rich in pictures, art, literacy, etc?
- Is there space for multiple types of programming?
- Do staff have time/support to plan and implement ideas and shop for supplies?
- Is there an idea sharing forum and resources for staff in meetings?
- Are staff constantly trained?
- Are program events organized by youth?

DISCUSSION

Let's Debrief!

- What are you doing well?
- What “ah-ha’s” did you reach?
- What are some opportunities for growth?

Action Plan

- Evaluate your program.
- What are you going to do next?
- Create a framework.

Conclusion

- Wrap up
 - Was this important? Why?
- Evaluations
 - Help us help YOU!