

Youth Representing Themselves

Powerful Activities to build Self
Identity Consciousness

Overview

- Assessing your Self and Your Program
- Explore your own perceptions and feelings
RE: Race / Class / Gender
- Promote this in your youth as well
- Assess you Community
- Assess your History and how it impacts
the Present
- Give Youth Access to Language to Name
their situations and histories.

Exploration of Self: I Am Poems

- I am the red licorice that my sister smacks
- I am the sweet decay of flowers in my grandmas pots
- I am the slap from the beat, and the low growl of the bass
- I am the music that's soft & the music that's in – your – face!
- I am my mama's soft kisses, and my daddy's scratchy beard
- I am the voice of my ancestors saying – don't be scared
- I am the bullets that put me to sleep at night
- I am the tears in my sisters eyes when mama says our brother died
- I am the family that lives in East Oakland & I have pride
- I am
- I am
- I am

Exploration of Community & Self Identity Movies / I Movies

- Play Clip

Exploration of Influence Over the World – and their own Communities Music Production / Performance

- Invite Students to Explore themselves, their Communities, and give them historical references to situate their present day...
- They then may be ready for Cultural Production... through Music – Performance – Presentation – Art



Activities to Promote Self Awareness

- Name Sound Movement
- Walk a Mile
- Frozen Images
- I Am Poem

Activities To Promote Awareness of Community

- Community Mapping
- I Movie
- Artist / Clay
- Fishbowl

Activities To Engage in History and Make it Relevant

- Timeline
- Frozen Images
- Dialogue
- Mis - Education / Education Cycle

Closure – For What??

- Why is it so important to engage youth in their Realities?
- How can this support them in all areas of life and academics?
- How will this help the culture / community of your program?