Afterschool Partners in Health: We Can't Do It Without Them!

Mary Hoshiko, YMCA of Silicon Valley Bonnie Broderick, Santa Clara County Public Health Department April 23, 2009

Partners "Out of the Box"

Who are the folks on your table?
 How can they be partners in health with your afterschool programs?
 Who else might be 'out of the box'?

Healthy Equity

Everyone has the opportunity to "attain their full health potential" and no one is "disadvantaged from achieving this potential because of their social position or other socially determined circumstance"

Social Determinants

Life-enhancing resources, such as food supply, housing, economic and social relationships, transportation, education, and health care, whose distribution across populations effectively determines length and quality of life.

Societal Conditions

- Social
- > Economic
- > Physical environment

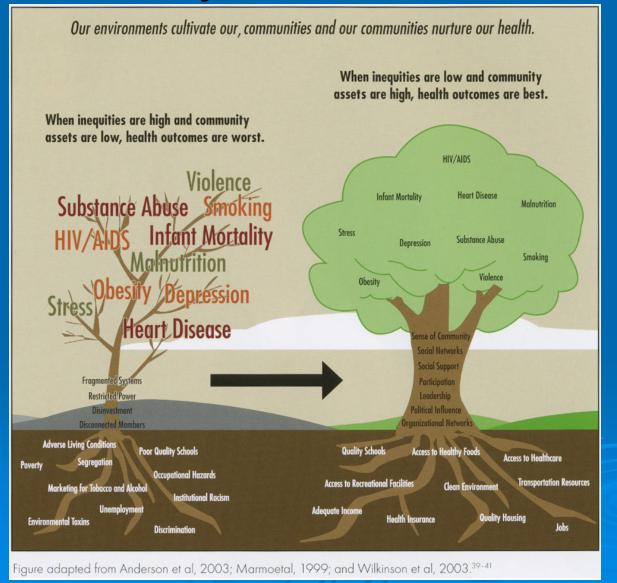
Psychosocial Factors
Social
Psychological

Health Disparities

"Differences in the incidence and prevalence of health conditions and health status between groups."

Health disparities become *health inequities* when they are the result of the systematic and unjust distribution of the social determinants of health.

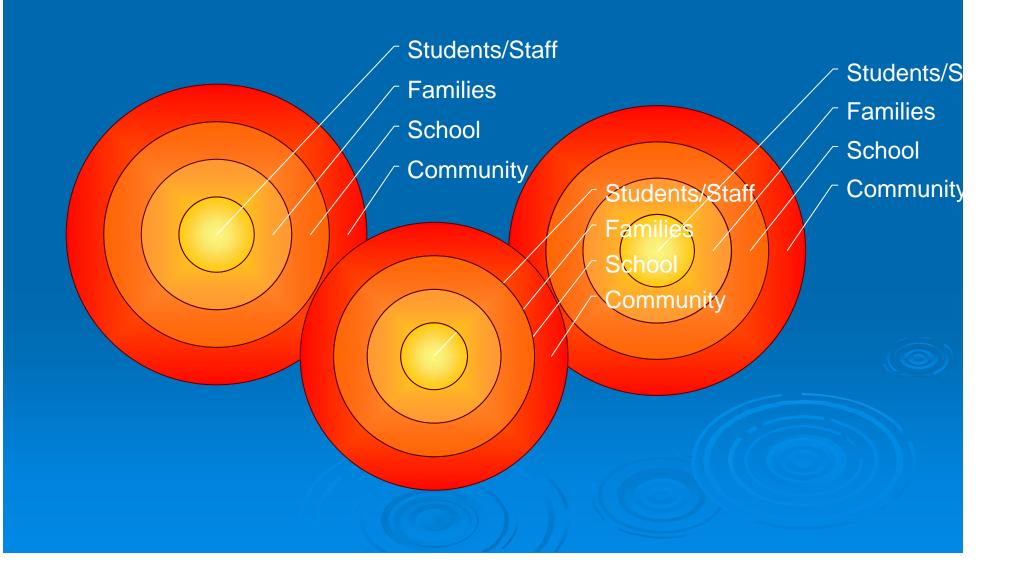
Healthy Communities



Afterschool Spheres of Influence

Students, Staff Families School Neighborhood District Community City County State National

Together We Can Change a Community



The Spectrum of Prevention

Influencing Policy & Legislation

Changing Organizational Practices

Fostering Coalitions and Networks

Educating Providers

Promoting Community Education

Strengthening Individual Knowledge & Skills

Partners At Every Level

Who are they?

The Spectrum of Prevention

Influencing Policy & Legislation

Changing Organizational Practices

Fostering Coalitions and Networks

Educating Providers

Promoting Community Education

Strengthening Individual Knowledge & Skills

Creating the Partner Plan

> Who?
> How?
> Why is afterschool important to them?
> Why are they important to afterschool?
> What 'language' do we need to speak?

Case Study Example: Santa Clara County

Partnerships Take Energy

StrengthsChallenges

Funding for Health in Afterschool

Role of Partners
What is being funded?
Where is the funding?

Thank You!





SPECTRUM OF PREVENTION

The Spectrum of Prevention is a systematic tool that promotes a multifaceted range of activities for effective prevention. Originally developed by Larry Cohen while working as Director of Prevention Programs at the Contra Costa County Health Department, the Spectrum is based on the work of Marshall Swift in treating developmental disabilities. It has been used nationally in prevention initiatives targeting traffic safety, violence prevention, injury prevention, nutrition, and fitness.

The Spectrum identifies multiple levels of intervention and helps people move beyond the perception that prevention is merely education. The Spectrum is a framework for a more comprehensive understanding of prevention that includes six levels for strategy development. These levels, delineated in the table below, are complementary and when used together produce a synergy that results in greater effectiveness than would be possible by implementing any single activity or linear initiative. At each level, the most important activities related to prevention objectives should be identified. As these activities are identified they will lead to interrelated actions at other levels of the Spectrum.

LEVEL OF SPECTRUM	DEFINITION OF LEVEL		
6. Influencing Policy and Legislation	Developing strategies to change laws and policies to influence outcomes		
5. Changing Organizational Practices	Adopting regulations and shaping norms to improve health and safety		
Fostering Coalitions and Networks	Convening groups and individuals for broader goals and greater impact		
3. Educating Providers	Informing providers who will transmit skills and knowledge to others		
Promoting Community Education	Reaching groups of people with information and resources to promote health and safety		
 Strengthening Individual Knowledge and Skills 	Enhancing an individual's capability of preventing injury or illness and promoting safety		

265 29th Street Oakland, CA 94611 510.444.7738 fax 510.663.1280

www.preventioninstitute.org

BOOST Conference 2009

Community Partners – Santa Clara County Funding/Match Resources

Schools District* County Office of Education* Region Afterschool Partnership

American Cancer* American Heart* Breathe California American Lung American Diabetes* Diabetes Society

Public Health Department Kaiser Permanente* Hospital Systems Hospital Foundations County Hospital/Clinics

Food Banks Grocers (Whole Foods, Safeway)* Farmer's Markets Local Food Distributors Farm Council Food Programs/Food Stamps

Government Parks and Recreation* General Fund Elected officials Public Health Department*

Businesses Barnes and Noble **Community Based Organizations** YWCA/YMCA* JCC **Generations G-Team** Diaital Clubhouse Network* Service Clubs **BAWSI*** City Year* Future Families* Girl Scouts* San Jose Arts Academy* Starting Arts* Elks Lodge* Foundations Agricultural

Medical/Health Education Community State Grants Garden Grants Physical Education Physical Activity Federal Grants Carol M White CDC REACH HHS Minority Health

Collaborations Health Collaborations Afterschool Collaborations Learning Communities



Harvest of the Month features ready-to-go tools and resources that can be used in diverse applications within the school environment and are based on the 2005 U.S. Dietary Guidelines for Americans. It provides educators, prekindergarten through grade 12, with materials to give students hands-on opportunities to explore, taste and learn about the importance of eating fruits and vegetables and being active every day. (See Monthly Elements on reverse side for descriptions of materials.)

Harvest of the Month provides the opportunity for collaboration among educators, child nutrition staff, school administrators, students, parents, the local media and retail outlets — all of whom are striving toward the goal of increasing knowledge of, access to and preference for fruits and vegetables and physical activity. It also supports other initiatives of the *Network for a Healthy California*, such as the *Children's Power Play! Campaign*.

A training module guides and supports users on how to effectively use all program materials and resources. This module includes a short DVD providing a visual experience of **Harvest of the Month** in action. Additional tools are included to expand on implementation strategies, explore the kinds of content contained within the monthly educator newsletters, and demonstrate how activities can be linked to several core curricular areas and the *Children's Power Play! Campaign*.

All program materials can be downloaded free at **www.harvestofthemonth.com**. Within this site, the *Educators' Corner* provides teachers with additional activities, lesson ideas, recipes, student assessments and a wealth of resources to help implement a successful program.



Why Harvest of the Month?

As Champions for Change, we want the best for students — for them to be healthy and more active. Studies show that healthy eating and daily physical activity can have a profound impact on the body and improve the ability to learn and comprehend. The *Network for a Healthy California* developed **Harvest of the Month** to engage students in a variety of settings where nutrition education can have the biggest impact — the classroom, cafeteria, home and community.

It Works!

"Harvest of the Month is outstanding and has made a great difference in both staff eating habits and student preferences. It is one of the most valuable programs we've had. Anytime you can integrate food into curriculum, students become that much more engaged."

- 2nd Grade Teacher

"My son has been telling me about the many fruits and vegetables he tries at school. When we go to the grocery store, I am surprised he knows so many interesting things about fruits and vegetables. I can't believe that he's so willing to try new foods."

- Parent of 8th Grade Student

Harvest of the Month was created for use by low-resource school districts that are partners with the *Network for a Healthy California*, with funding provided by the U.S. Department of Agriculture's Food Stamp Program. Developed by the California Department of Public Health's Cancer Prevention and Nutrition Section, this program also received support and guidance from the California Department of Education, California Department of Food & Agriculture, educators, curriculum specialists, child nutrition staff, agricultural groups and organizations.





Monthly Elements

The monthly elements are targeted to students, prekindergarten through grade 12, and their families. These elements are designed to promote change in eating behaviors by engaging students in the learning process and building their skills in accessing information, analyzing influences, decision-making, self-management and advocacy. All elements can be downloaded free at **www.harvestofthemonth.com**. Visit the site to learn which California grown fruits and vegetables are featured each month.

Educator Newsletters:

The monthly educator newsletters are scientifically accurate and provide hands-on activities, tools and ideas for open-ended study by students, including taste testing and school gardening; sample physical activities to support developmental skills such as listening, reflexes and hand-eye coordination; and resources for further exploration tied to the core curricular areas.



Links to California Content Standards:

Available by grade level clusters, grids identify links to core curricular areas and demonstrate how **Harvest of the Month** activities support specific content standards. The core curricular areas include: English-language arts, science, history-social science, health education and mathematics.

Menu Slicks:

Two-sided templates allow district child nutrition staff to insert the monthly school menu. Skills and knowledge learned in the classroom are reinforced with activities that test memory and motor skills, provide information on the health benefits of

fruits and vegetables, and encourage consumption of school meals. These are available in English and Spanish. Other languages, translated by local partners, are available in the *Educators' Corner* of the Web site.

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Family Newsletters:

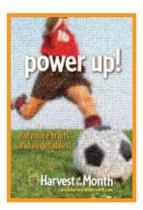
This monthly newsletter reinforces what kids learn in the classroom and provides parents with nutrition information, healthy eating tips, recipes, ideas for being physically active, and tips for selecting, storing and serving the featured produce. These newsletters are available in English and Spanish. Other languages, translated by local partners, are available in the *Educators' Corner* of the Web site.



Resources and More:

Additional resources that are available to help implement, support and enhance **Harvest of the Month** include:

- The *How to Grow Healthy Students Guide*, which provides step-by-step instructions and strategies for implementation and collaboration. It can be downloaded from the Web site.
- Four posters featuring California's bounty of fruits and vegetables and promoting physical activity.
- Promotional items developed by the *Network for a Healthy California*, such as school and community tool kits, which can complement activities in the monthly elements.



One of four award-winning posters popular with California students.

Posters and promotional items are available to order through the "On-line Catalog" at **www.networkforahealthycalifornia.net**.

A more complete list of resources can be found in the *Educators' Corner* of **www.harvestofthemonth.com**.



This material was funded by USDA's Food Stamp Program through the California Department of Public Health's *Network for a Healthy California*. These institutions are equal opportunity providers and employers. The Food Stamp Program provides nutrition assistance to people with low income. It can help buy nutritious foods for a better diet. For information on the Food Stamp Program, call 1-888-328-3483. © Copyright California Department of Public Health 2007. Toolbox for Community Educators - Fruit, Vegetable, and Physical Activity Online Guide

Home How To Use Your *Toolbox*

The English- and Spanish-language *Toolbox* contains seven components.

1. Fruit, Vegetable, and Physical Activity Lessons

There are two adult recommendation lessons, seven easy-to-implement nutrition lessons, six fun physical activity lessons, and one community empowerment lesson. Go to Lessons



Lessons that are easy and fun for parents and their children to do together are marked with the icon to the left. Encourage parents to involve their children in learning about making healthy food choices and being physically active. Offering

lessons where parents and children learn together empowers all family members to take charge of their health and builds strong healthy families.

2. Fruit, Vegetable, and Physical Activity Handouts

The educational handouts support the lessons and remind participants what they have learned during their educational experience. They provide practical information, recipes, and physical activity suggestions that will encourage behavior change. Go to Handouts

3. Evaluation Tool

The Quick Nutrition and Physical Activity Quiz (Quiz) measures your participants' knowledge of fruit and vegetable and physical activity recommendations and their related health benefits. The Quiz can be administered before and after you conduct a lesson to measure improvements in your participants' knowledge. You may want to add new questions to the Quiz or create your own evaluation tool. Using evaluation tools to evaluate participant skill development and understanding of the advocacy process can help you to measure the success of your efforts. Go to Quick Nutrition and Physical Activity Quiz

4. Resources

There are two resources in the *Toolbox*.

- An English- and Spanish-language poster, entitled *Energize Your Body* with Fruits and Vegetables!, is used as a visual aid for several nutrition lessons. To purchase the poster go to the <u>Network's online catalog</u>.
- Dr. Richter's *Fresh Produce Guide* contains useful information on fruit and vegetable selection, storage, and seasonal availability. The *Fresh Produce Guide* supports several nutrition lessons and enhances your

For more information about fruits, vegetables, and physical activity, visit us at www.cachampionsforchange.net or call 1-888-328-3483. Funded by the USDA Food Stamp Program, an equal opportunity provider and employer.

©2008 California Department of Public Health Acknowledgements | Disclaimer & Privacy Policy Visit or return to the Network for a Healthy California Web site at: www.networkforahealthycalifornia.net knowledge on fruits and vegetables. To purchase the guide call 1-800-421-8871.

5. Educational Videos

There are two educational videos in the Toolbox.

A Day in the Life (English, 10 minutes)

This video depicts the real life story of Jeannette and her family and the positive changes they've made in their eating and physical activity habits.

Love is Conquered by Food (Spanish, 20 minutes)

This video uses a telenovela-style comedy to illustrate the importance of eating a diet that is rich in fruits and vegetables and doing physical activity every day. The DVD will also include extras such as media outreach commercials and other relevant outreach materials.

Organizations can purchase the videos through the *Network's* online catalog.

6. Fruit, Vegetable, and Physical Activity Playing Cards

There are five decks of English- and Spanish-language playing cards that are used to support several lessons in the *Toolbox*. Organizations can purchase the playing cards through the *Network's* online catalog.

7. Shake it Up! Tool Kit Version Music CD

The CD is to be played during the physical activity lessons, which require your participants to dance, walk, play, or just move their bodies. It can also be played during breaks and between lessons. The CD has multiple tracks including fun fruit and vegetable songs and guided physical activity steps. You'll find contemporary, gospel, African dance, instrumentals, and one Spanish language track to use to get participants moving. Organizations can purchase the CD through the *Network's* online catalog.

Putting the Toolbox into Practice

The *Toolbox* can be used with small or large classes. You can choose to use the lessons and handouts to teach a series of classes on nutrition and physical activity or may choose to select one or two of the lessons and handouts for a one-time class, such as a parenting meeting. For the best results, follow these recommendations:

- Start your class by playing the appropriate educational video. If you are working with English-speaking adults, choose *A Day in the Life*. If you are working with Spanish-speaking adults, choose *Love is Conquered by Food*.
- Following the video, conduct a nutrition or physical activity lesson from the *Toolbox*. Try to conduct at least one lesson per week with the same group of participants during a two-month period.

For more information about fruits, vegetables, and physical activity, visit us at www.cachampionsforchange.net or call 1-888-328-3483. Funded by the USDA Food Stamp Program, an equal opportunity provider and employer.

©2008 California Department of Public Health <u>Acknowledgements</u> | Disclaimer & Privacy Policy Visit or return to the *Network for a Healthy California* Web site at: <u>www.networkforahealthycalifornia.net</u> How To Use Your Toolbox - Fruit, Vegetable, and Physical Activity Online Guide for Co... Page 3 of 3

- Be sure to conduct the *Advocate for Fruits, Vegetables, and Physical Activity in Your Community* lesson to empower your participants to make changes in their communities that support fruit and vegetable consumption and physical activity.
- Use the <u>Quick Nutrition and Physical Activity Quiz</u> or an evaluation tool of your choice to measure how your participants progress through their learning experience.

For more Information about fruits, vegetables, and physical activity, visit us at www.cachampionsforchange.net or call 1-888-328-3483. Funded by the USDA Food Stamp Program, an equal opportunity provider and employer.

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Childrens's Power Play! Campaign Regional Contacts

Each of the 11 Regional Networks offers materials, training, and technical assistance to qualifying local organizations and facilitates communication and collaboration among these organizations. Below is a listing of the *Children's Power Play! Campaign* contact information for each Regional Network.

For information about your local Regional Network, please contact the lead agency directly. Map for counties (PDF)

Bay Area | Central Coast | Central Valley | Desert Sierra | Gold Coast | Gold Country | Los Angeles | Northcoast | Orange County | San Diego-Imperial | Sierra Cascade

Bay Area Region

Counties: Alameda, Contra Costa, Marin, San Mateo, Santa Clara, and San Francisco UC Cooperative Extension, Alameda County 1131 Harbor Bay Parkway, Suite 131 Alameda, CA 94502 Phone: (510) 567-6812 Fax: (510) 748-9644 Contact: Lucrecia Farfan-Ramirez (Intern)

Central Coast Region

Counties: Monterey, San Benito, and Santa Cruz Monterey County Department of Health 632 E. Alisal St. Salinas, CA 93901 Phone: (831) 755-2898 Fax: (831) 757-3286 Contact: <u>Andrea Estrada</u>

Central Valley Region

Counties: Fresno, Kern, Kings, Madera, Mariposa, Merced, and Tulare Central Valley Health Network 1987 N Gateway Blvd. Ste 101 Fresno, CA 93727 Phone: (559) 255-4300 x11 Fax: (559) 251-1383 Contact: Melissa Murphy

Desert Sierra Region

Counties: Inyo, Riverside, and San Bernardino San Bernardino County Department of Public Health 351 N. Mountain View Avenue, Rm 104 San Bernardino, CA 92415-0010 Phone: (909) 387-6380 Fax: (909) 387-6899 Contact: <u>Melani Dhason</u>

Gold Coast Region

Counties: San Luis Obispo, Santa Barbara, and Ventura Ventura County Public Health Department 2323 Knoll Drive, Suite 325, 3rd Floor Ventura, CA 93003 Phone: (805) 677-5267 Fax: (805) 677-5220 Contact: JoAnn Torres

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Gold Country Region Counties: Alpine, Amador, Calaveras, El Dorado, Mono, Placer, Sacramento, San Joaquin, Solano, Stanislaus, Sutter, Tuolumne, Yolo, and Yuba Health Education Council 3950 Industrial Blvd. Suite 600 Sacramento, CA 95691 Phone: (916) 556-3344 ext.115 Fax: (916) 446-0427 Contact: Mellissa Meng

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Children's Power Play! Campaign Regional Contacts

Los Angeles Region County: Los Angeles UC Cooperative Extension, Los Angeles County 4800 Cesar E. Chavez Ave. Los Angeles, CA 90022 Phone: (323) 260-3886 Fax: (323) 881-1951 Contact: Rachel Surls (Interim)

Northcoast Region

Counties: Del Norte, Humboldt, Lake, Mendocino, Napa, and Sonoma Sonoma County Family YMCA 1101 College Ave., Suite 215 Santa Rosa, CA 95404 Phone: (707) 543-5810 ext. 204 Fax: (707) 543-5813 Contact: Deb Harris

Orange County Region County: Orange Community Action Partnership of Orange County (formerly Community Development Council) 7180 Lampson Ave. Garden Grove, CA 92841 Phone: (714) 899-3684 ext.5316 Fax: (714) 899-3824 Contact: <u>Gaby Hernandez</u>

San Diego Imperial Region Counties: San Diego and Imperial UC San Diego, Community Pediatrics 4305 University Ave., Suite 590 San Diego, CA 92105 Phone: (619) 681-0659 Fax: (619) 681-0666 Contact: Mike Gieck

Sierra Cascade Region Counties: Butte, Colusa, Glenn, Lassen, Modoc, Nevada, Plumas, Shasta, Sierra, Siskiyou, Tehama, and Trinity California Health Collaborative 25 Jan Court, Suite 130 Chico, CA 95928 Phone: (530) 345-2483 Ext. 210 Fax: (530) 345-3214 Contact: Emily Ruffner

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Network for a Healthy California Contractor Listing/Project Coordinator by Region Federal Fiscal Year (FFY) 2009

Bay Area Region

Alameda, Contra Costa, Marin, San Francisco, and San Mateo Counties

Santa Clara County Public Health Department

(Regional Network - Local Public Health Department) Bonnie Broderick Chronic Disease & Injury Prevention 1400 Parkmoor Ave., Ste. 120B, 1st FI San Jose, CA 95126 Phone: (408) 793-2706 Fax: (408) 793-2701 bonnie.broderick@hhs.co.scl.ca.us

Physical Activity Specialist

Carmen Bogan 1943 Rosecrest Dr. Oakland, CA 94602 Phone: (510) 482-8827 Fax: (510) 531-2076 carmenbo@pacbell.net

African American Campaign

Santa Clara County Public Health Department Monique Woodford 1400 Parkmoor Ave., Ste. 120B, 1st FI San Jose, CA 95126 Phone: (408) 793-2717 Fax: (408) 793-2731 monique.woodford@hhs.sccgov.org

Latino Campaign

Santa Clara County Public Health Department Pamela Harter 976 Lenzen Ave. San Jose, CA 95126 Phone: (408) 792-5130 Fax: (408) 947-8745 pamela.harter@hhs.sccgov.org

Worksite Program

Santa Clara County Public Health Department Suellen Haggerty, R.D. 1400 Parkmoor Ave., Ste. 120B, 1st FI San Jose, CA 95126 Phone: (408) 793-2719 Fax: (408) 793-2731 suellen.haggerty@hhs.co.santaclara.ca.us

Retail Program

Santa Clara County Public Health Department Carlos Torres 976 Lenzen Ave., Unit 1200 San Jose, CA 95126-2737 Phone: (408) 792-5135 Carlos.Torres@hhs.sccgov.org

Children's Power Play! Campaign

University of California, Cooperative Extension, Alameda County Lucrecia Farfan-Ramirez (Interim) 1131 Harbor Bay Pkwy., Ste. 131 Alameda, CA 94502 Phone: (510) 567-6812 Fax: (510) 748-9644 Ifarfanramirez@ucdavis.edu

Acts Community Development

(Faith-Based - Faith Community) Kendra Carr 1034 66th Ave. Oakland, CA 94621 Phone: (510) 268-1600 Fax: (510) 568-4125 acts5aday@yahoo.com

Alameda County Community Food Bank

(LFNE - Food Bank) Bridget Galvan 7900 Edgewater Dr. Oakland, CA 94621 Phone: (510) 635-3663 ext. 324 Fax: (510) 636-4900 bgalvan@accfb.org

Catrina Armas

7900 Edgewater Dr. Oakland, CA 94621 Phone: (510) 635-3663 ext. 341 carmas@accfb.org

Alameda County Health Care

Services Agency (*LIA - Local Public Health Department*) Diane Woloshin Nutrition Services 3600 Telegraph Ave. Oakland, CA 94609-2427 Phone: (510) 595-6458 Fax: (510) 595-6486 diane.woloshin@acgov.org

Alameda County Office of Education -Coalition

(LIA - County Office of Education) Christine Boynton 313 W. Winton Ave., Ste. 244 Hayward, CA 94544-1136 Phone: (510) 670-4539 Fax: (510) 758-3652 cboynton@husd.k12.ca.us

Alameda County Office of Education -Rock La Fleche

(LIA - County Office of Education) Toni Adams 313 W. Winton Ave. Hayward, CA 94544-1136 Phone: (510) 670-7747 Fax: (510) 670-3747 vtoni@acoe.org

Berkeley Unified School District

(LIA - School District) Melanie Okamoto 1720 Oregon St. Berkeley, CA 94703 Phone: (510) 644-6710 Fax: (510) 486-1275 Melanie_Okamoto@berkeley.k12.ca.us

Children's Council of San Francisco

(LFNE) Bergen Watterson 445 Church St. San Francisco, CA 94114-1720 Phone: (415) 276-2929 Fax: (415) 343-3331 bwatterson@childrenscouncil.org

City and County of San Francisco, Department of Public Health

(*LIA - Local Public Health Department*) Laura Brainin-Rodriguez 30 Van Ness Ave., Ste. 3500 San Francisco, CA 94102-6080 Phone: (415) 575-5687 Fax: (415) 575-5798 laura.brainin-rodriguez@sfdph.org

City of Berkeley Health and Human Services Department

(LIA - Local Public Health Department) Kate Clayton 1947 Center St., 2nd Floor Berkeley, CA 94704-1155 Phone: (510) 981-5314 Fax: (510) 981-5335 kclayton@ci.berkeley.ca.us

Contra Costa Health Services

(LIA - Local Public Health Department) Donna Coit Community Wellness and Prevention Program 597 Center Ave., Ste. 125 Martinez, CA 94553-4669 Phone: (925) 313-6843 Fax: (925) 313-6840 dcoit@hsd.cccounty.us

East Bay Asian Youth Center

(*LFNE* - *Community-Based*) Susan Yee 2025 E. 12th St. Oakland, CA 94606 Phone: (510) 533-1092 Fax: (510) 533-6825 susan@ebayc.org

East Oakland Faith Deliverance Center

(Faith-Based - Faith Community) Wilma Gaines 7425 International Blvd. Oakland, CA 94621-2805 Phone: (510) 772-8889 Fax: (510) 430-0949 eofdchealth@aol.com

Ecology Center

(LFNE) Martin Bourque 2530 San Pablo Ave. Berkeley, CA 94703 Phone: (510) 548-2220 Fax: (510) 548-2240 martin@ecologycenter.org

Ecology Center - EBT Project

(LFNE) Martin Bourque 2530 San Pablo Ave. Berkeley, CA 94703 Phone: (510) 548-2220 Fax: (510) 548-2240 martin@ecologycenter.org

Healthy Oakland, Inc.

(Faith-Based - Faith Community) LaNiece Jones 2580 San Pablo Ave. Oakland, CA 94612-1160 Phone: (510) 444-9655 Fax: (510) 444-9955 lajpr@aol.com

Marin County Health and Human Services

(LIA - Local Public Health Department) Linda Armstrong 899 Northgate Dr., Ste. 415 San Rafael, CA 94903-3667 Phone: (415) 473-7059 Fax: (415) 473-6266 larmstrong@co.marin.ca.us

Mount Diablo Unified School District

(*LIA* - School District) Ali Medina 1266 San Carlos Ave., A6 Concord, CA 94520 Phone: (925) 458-1601 Fax: (925) 458-2736 medinaa@mdusd.k12.ca.us

Native American Health Center, Inc.

(LIA - Indian Tribal Organizations) Christina Weahunt 3124 International Blvd., Ste. 201 Oakland, CA 94601-2902 Phone: (510) 535-4400 Fax: (510) 261-6438 chrisw@nativehealth.org

Pacific Coast Farmers Market Association

(LFNE) Sarah Nelson 5056 Commercial Circle, Ste. E Concord, CA 94520 Phone: (925) 825-9090 Fax: (925) 825-9101 sarahnelson@pcfma.com

People's Grocery

(LFNE - Community-Based) Diana Abellera 3236 Market St., #103 Oakland, CA 94608-4332 Phone: (510) 652-7607 Fax: (510) 652-7602 diana@peoplesgrocery.org

San Francisco General Hospital Foundation

(Nonprofit Incentive Awardee - Public Health) Catherine Wong Chinatown Public Health Center San Francisco Dept. of Public Health 1490 Mason St. San Francisco, CA 94133 Phone: (415) 364-7919 Fax: (415) 986-1140 CKWWong@aol.com

San Francisco Unified School District

(LIA - School District) Mark Elkin 1515 Quintara St. San Francisco, CA 94116-1273 Phone: (415) 242-2615 Fax: (415) 242-2618 elkinm@sfusd.edu

San Mateo County Health Services Agency

(*LIA - Local Public Health Department*) Lydia Guzman 32 W. 25th Ave., Ste. 203A San Mateo, CA 94403-2265 Phone: (650) 573-2025 Fax: (650) 577-9223 Iguzman@co.sanmateo.ca.us

Santa Clara County Public Health Department

(LIA - Local Public Health Department) Bonnie Broderick Chronic Disease & Injury Prevention 1400 Parkmoor Ave., Ste. 120B, 1st FI San Jose, CA 95126 Phone: (408) 793-2706 Fax: (408) 793-2701 bonnie.broderick@hhs.co.scl.ca.us

The Regents of the University of California, Cooperative Extension of Alameda County - Child and Youth Nutrition Program

(LIA - University of California Cooperative Extension) Lucrecia Farfan-Ramirez 1131 Harbor Bay Pkwy., Ste. 131 Alameda, CA 94502-6540 Phone: (510) 639-1270 Fax: (510) 748-9644 cdalameda@ucdavis.edu

The Regents of the University of California, Cooperative Extension of Alameda County

(LIA - University of California Cooperative Extension) Mary Blackburn Family and Consumer Services 1131 Harbor Bay Pkwy., Ste. 131 Alameda, CA 94502-6540 Phone: (510) 639-1274 Fax: (510) 567-6813 mlblackburn@ucdavis.edu

Trust for the Conservation

Innovation, on behalf of Nextcourse (*LFNE* - *Community-Based*) Susie White 930 Bryant St. San Francisco, CA 94103 Phone: (415) 640-3762 Fax: (415) 567-0317 susie@nextcourse.org

Niyati Desai 930 Bryant St. San Francisco, CA 94103 Phone: (415) 734-3158 niyati@nextcourse.org

Urban Resource Systems, Inc.

(LFNE - School-Related) Abby Jaramillo 326 Prospect Ave. San Francisco, CA 94110 Phone: (415) 648-4596 Fax: (415) 733-0889 abby@urbansprouts.org

Central Coast Region

Monterey and Santa Cruz Counties

Monterey County Health Department

(Regional Network - Local Public Health Department) Christine Moss Community Health Division 1270 Natividad Rd. Salinas, CA 93906-3122 Phone: (831) 755-4675 Fax: (831) 751-9015 mosscd@co.monterey.ca.us

Physical Activity Specialist

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Latino Campaign

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Children's Power Play! Campaign

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Retail Program

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Alisal Union School District

(LIA - School District) Petra Martinez 680 Las Casitas Dr. Salinas, CA 93905 Phone: (831) 753-5770 ext. 3261 Fax: (831) 753-3396 Petra.martinez@alisal.org

Monterey County Health Department

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Santa Cruz City School District

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Central Valley Region

Fresno, Kern, Madera, Merced, and Tulare Counties

Central Valley Health Network

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Physical Activity Specialist

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African American Campaign

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Latino Campaign

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Worksite Program

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Children's Power Play! Campaign

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Retail Program

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Christian Community Baptist Church

(Faith-Based - Faith Community) Atstelma Jackson 3838 N. West Ave. Fresno, CA 93705-2703 Phone: (559) 292-5233 Fax: (559) 294-0303 atj2515@hotmail.com

Fresno County Office of Education

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Fresno Unified School District

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Greenfield Union School District

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Kern County Superintendent of Schools

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Kernville Union School District

(LIA - School District) Alisa Hinkle 5109 Lake Isabella Blvd. P.O. Box 2905 Lake Isabella, CA 93240-2905 Phone: (760) 379-2556 Fax: (760) 379-1257 alhinkl@zeus.kern.org

Lamont School District

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Madera County Children and

Families Commission - First 5 (LIA - First 5 Children and Families Commission) Diane Sandoval 525 E. Yosemite Ave. Madera, CA 93638-3334 Phone: (559) 661-5155 Fax: (559) 675-4950 dsandoval@first5madera.net

Madera Unified School District

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Merced County Office of Education

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Tulare County Health & Human

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Tulare County Office of Education

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Visalia Unified School District

(LIA - School District) Neva Wright 5000 W. Cypress Ave. Visalia, CA 93277 Phone: (559) 730-7409 Fax: (559) 730-7576 nwright@visalia.k12.ca.us

Desert Sierra Region

Riverside and San Bernardino Counties

San Bernardino County Department of Public Health

(Regional Network - Local Public Health Department) Melody Lopez 351 N. Mountain View Ave., Rm. 104 San Bernardino, CA 92415-0010 Phone: (909) 387-6320 Fax: (909) 387-6899 mlopez@dph.sbcounty.gov

Physical Activity Specialist

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African American Campaign

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Latino Campaign

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Children's Power Play! Campaign

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Retail Program

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Worksite Program

County of Riverside Community Health Agency Valerie Comeaux 4065 County Circle Dr., Ste. 207 Riverside, CA 92503 Phone: (951) 358-5385 vacomeaux@co.riverside.ca.us

City of Montclair

(LIA - City Government) Michelle Roche 5111 Benito St. Montclair, CA 91763-2808 Phone: (909) 625-9451 Fax: (909) 399-9751 mroche@ci.montclair.ca.us

City of San Bernardino Park and Recreation Community

(LIA - Parks & Recreation Department) Glenda Martin-Robinson 201-A N. 'E' St., Ste. 103 San Bernardino, CA 92401 Phone: (909) 384-5332 Fax: (909) 384-5160 robinson_gl@ci.san-bernardino.ca.us

County of Riverside Community Health Agency

(LIA - Local Public Health Department) Durreen Qureshi 4065 County Circle Dr., Ste. 207 Riverside, CA 92503 Phone: (951) 358-5888 Fax: (951) 358-5472 dqureshi@co.riverside.ca.us

San Bernardino County Department of Public Health

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Temple Community Outreach Center

(Faith-Based - Faith Community) Loistine Herndon 1583 W. Union St. San Bernardino, CA 92411-2546 Phone: (909) 383-9588 Fax: (909) 383-0432 Templeoutreach@att.net

Gold Coast Region

Santa Barbara and Ventura Counties

Ventura County Public Health Department (Regional Network - Local Public Health Department) Alicia Padilla-Villicana

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Physical Activity Specialist

Mary Arevalo

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Latino Campaign

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Children's Power Play! Campaign

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Retail Program

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Santa Barbara County Public Health Department

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Ventura County Public Health Department

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Ventura Unified School District

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Gold Country Region

Sacramento, San Joaquin, Solano, Stanislaus, and Yolo Counties

Health Education Council

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African American Campaign

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Retail Program

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California Rural Indian Health Board, Inc.

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California WIC Program

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Community Services Planning

Council, Inc. - Sacramento Hunger Coalition (*LFNE*) Melissa Ortiz-Gray 909 12th St., Ste. 200 Sacramento, CA 95814-2942 Phone: (916) 447-7063 Fax: (916) 447-7052 mortiz-gray@communitycouncil.org

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Debra Oto-Kent Project Director 3950 Industrial Blvd., Ste. 60 Sacramento, CA 95691 dotokent@healthedcouncil.org

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Solano County Health and Social Services Department

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Los Angeles Region

Los Angeles County

Los Angeles County Department of Health Services

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African American Campaign

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Worksite Program

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Retail Program

Los Angeles County Department of Health Services Teresa Blanco 3530 Wilshire Blvd., Ste. 800 Los Angeles, CA 90010 Phone: (213) 351-7889 tblanco@ph.lacounty.gov

Latino Campaign

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Children's Power Play! Campaign

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ABC Unified School District

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Alhambra Unified School District

(LIA - School District) Judy Huffaker 1515 W. Mission Rd. Alhambra, CA 91803 Phone: (626) 943-3560 huffaker_judy@alhambra.k12.ca.us

Alondra Church of Christ

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City of Long Beach Department of Health and Human Services

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City of Pasadena Public Health Department

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Compton Unified School District

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Downey Unified School District

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Dry Sponge - New Life Christian Center

(Faith-Based - Faith Community) Sandra Roman-Morales 2600 S. La Brea Ave. Los Angeles, CA 90016-2807 Phone: (323) 218-9218 Fax: (909) 592-4710 pastorsandy@5adayla.com

East Los Angeles College

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El Monte City School District

(LIA - School District) Michael Burns 3246 Meeker Ave. El Monte, CA 91731-2684 Phone: (626) 453-3733 Fax: (626) 350-4860 mburns@emcsd.org

Gangsters for Christ

(Faith-Based - Faith Community) Faye (Ilesia) Jones 8780 S La Salle Ave. Los Angeles, CA 90047-3319 Phone: (323) 646-8528 gangstersforchrist@yahoo.com

Girls Club of Los Angeles

(Faith-Based - Faith Community) Curtis Thomas 2057 W. Century Blvd. Los Angeles, CA 90047-4031 Phone: (323) 754-2122 Fax: (323) 754-4353 cthomas@girlsclubla.org

Hawthorne School District

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Long Beach Unified School District

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Los Angeles County Office of Education

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Los Angeles Trade Technical College

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Los Angeles Unified School District

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Monrovia Unified School District

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Montebello Unified School District

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New Economics for Women

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Pasadena Unified School District

(LIA - School District) Katia Ahmed 351 S. Hudson Ave. Pasadena, CA 91109 Phone: (626) 798-2458 Fax: (626) 798-2658 kahmed@pusd.us

Rosemead School District

(LIA - School District) Diane Ezzo 3907 N. Rosemead Blvd., Ste. 130 Rosemead, CA 91770-1984 Phone: (626) 312-2900 ext. 255 Fax: (626) 307-6178 dezzo@rosemead.k12.ca.us

Santa Clarita Valley School Food Services Agency

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Southeast Asian Community Alliance

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University of Southern California -Keck Diabetes Prevention Initiative

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Vaughn Next Century Learning Center

(LIA - School District) Suzanne Llamas 13330 Vaughn St. San Fernando, CA 91340-2216 Phone: (818) 896-7461 Fax: (818) 834-9036 sllamas@vaughncharter.com

North Coast Region next page

North Coast Region

Del Norte, Humboldt, Mendocino, Napa, and Sonoma Counties

California Health Collaborative -North Coast

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Physical Activity Specialist

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Calistoga Joint Unified School District

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Community Alliance with Family Farmers

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Del Norte Unified School District

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Humboldt County Office of Education

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Manila Community Services District

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Napa County Office of Education

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Sonoma County Office of Education

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Ukiah Unified School District

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Orange County Region

Orange County

Orange County Health Care Agency

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Worksite Campaign

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San Diego and Imperial Region

Imperial and San Diego Counties

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Southern Indian Health Council, Inc.

(*LIA - Indian Tribal Organizations*) Lisa Turner P.O. Box 2128 Alpine, CA 91903-2128 Phone: (619) 445-1188 Fax: (619) 659-3147 Iturner@sihc.org

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Sierra Cascade Region

Shasta County

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Statewide

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(Statewide Project - County Office of Education) Deborah Wood 313 W. Winton Ave., Rm. 176 Hayward, CA 94544-1136 Phone: (510) 670-4586 Fax: (510) 670-4582 DWood@californiahealthykids.org

California Association of Food Banks

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Central Valley Health Network -

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The Regents of the University of California, San Francisco - GIS Project

(Other - Other Government) Matthew Stone P.O. Box 997377, MS 7204 Sacramento, CA 95899-7377 Phone: (916) 552-9918 Fax: (916) 449-5415 matthew.stone@cdph.ca.gov **BOOST Conference 2009**

Planning for Partnerships

AFTERSCHOOL GOAL:

Partner	Partner Contributes to AS Goal	AS Contributes to Partner Goal	Recruit – How? Who? When?	Challenges and Strengths

Potential Funding Resources Health and Wellness Programming in Afterschool

There is tremendous potential to think 'outside the funding box' for health and wellness programming. Emphasis on this programming allows us to partner with organizations and funders to bring diversified funding into afterschool. This is just a partial list to get you started on seeking funds or in-kind resources for your health and wellness programming.

David and Lucile Packard Foundation Lucile Packard Foundation Lucile Packard Children's Hospital Foundation The Health Trust Kaiser Permanente (both local and regional) American Cancer Society Robert Wood Johnson Foundation California Wellness Foundation The California Endowment **Hispanic Foundation** Centers for Disease Control (CDC - Federal Funding) Carol M White Physical Education Program (DOE - Federal Funding) National Institutes of Health (NIH - Federal Funding) Health and Human Services Minority Health (HHS - Federal Funding) Hospital Foundations Health Insurance Foundations Santa Clara County Health Department (STEPS grant) Bay Area Nutrition and Physical Activity Coalition (BANPAC) Entertainment Industry Foundation (EIF) Corporate Foundations (e.g., Lockheed Martin, Cisco) Network for a Healthy California School PTA or Home & School Clubs Community Club Sponsors (e.g., Rotary, Kiwanis) Local Business Sponsorships Team Up for Youth City of San Jose Healthy Neighborhood Venture Funds (HNVF) Child and Adult Care Food Program (CACFP) JC Penney Afterschool United Way